



# JULY



**Child Management**

**Associates**

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**Phone:** 801-566-1007

## PLEASE COMPLETE THE CMA ANNUAL TRAINING ASAP!!!!

If you have not completed the Training by **July 15**, you will receive **CORRECTIVE ACTION** from the Director!!!!

- You need to watch the RECORDED Training video. There is a video in English, Spanish, Tongan and Vietnamese on our website.
  - \* Go to our website [www.cmautah.net](http://www.cmautah.net)
  - \* Click on the Training tab.
  - \* Click on the training link for the language you need. This will take you to the recorded video in that language on YouTube.
- **Once you have watched the recorded training video, you need to take the QUIZ!**
  - \* Go to our website [www.cmautah.net](http://www.cmautah.net)
  - \* Click on the Training tab.
  - \* Click on the Quiz for Ounce Equivalents in the language that you need. This will take you to the quiz in that language.

## Renewal Reminders

- Please make sure to turn your renewals in **ON TIME!!!!**
- When filling out the Renewal Forms, please make sure to **FILL OUT THE ENTIRE FORM!** Forms that are incomplete will be returned to the provider to be completed and will be considered late!
- **All Renewals must be SIGNED, DATED and RETURNED to CMA PRIOR to the EXPIRATION DATE!!!!**

### Claim Due Dates

Please remember you have 4 business days to turn your claim in on time.

July	Thurs. Aug 5	Sept 20
Aug	Tues. Sept 7	Oct 20
Sept.	Wed. Oct 6	Nov 20

### RENEWALS

Remember to be on the look out for your renewals that come in the mail. Turning these in on time will keep your claim from being put on hold.

- Income Eligibility Form
- License/Relative Cert
- CPR and 1st Aid

### Holiday Hours

The Office will be closed on July 5th and July 26th.



**Materials:**

- Plastic Water Bottles
- Red, Blue and Silver Star Confetti
- Glycerin
- Water
- Glitter (Optional)
- Red, White and Blue Ribbon (Optional)

**Directions:**

1. Start by filling about 3/4ths of the water bottle with water.
2. Add glitter and confetti to the water. Let the kids put as much as they would like in their bottle.
3. Fill the rest of the bottle with glycerin.
4. Put the lid back on the water bottle and make sure it is TIGHT!
5. Let the kids shake up their sparkle bottles!
6. The red confetti may turn the water a slight pink color making it even more festive!
7. Optional: Tie a red, white and blue ribbon around the top of the water bottle.
8. Enjoy this festive 4th of July activity!



**SPARKLE BOTTLES**



## Firework Cheese Snacks

## Fantastic 4th of July Snack Ideas



**Materials:** Strawberries, Mozzarella Cheese Sticks, Blueberries, Toothpicks

Cut your strawberries into round slices and make this the bottom of your firework. Cut your cheese sticks into thirds. Then cut each cheese third into strips so they cascade down but be sure not to cut all the way through. You will likely need to make some of your strips rather thin so they bend. Stack the side that is not cut on the strawberry slice. Stack a blueberry on top of the cheese and push it down slightly to help the cheese spread out. Stick a toothpick through the stack to hold everything together. Enjoy this snack that is bursting with flavor!

## 4th of July Quesadilla Stars



**Materials:** Whole Wheat Tortillas, Shredded Cheese, Sour Cream, Hot Sauce, Star Cookie Cutter

Start by making quesadillas with the whole wheat tortillas and shredded cheese. Fill a small baggie with sour cream and another small baggie with hot sauce. Using the star cookie cutter, cut the cooked quesadillas into star shapes. To decorate the quesadilla stars, use the baggies of sour cream and hot sauce to pipe stripes, stars, or any other design to make this a festive treat! Enjoy!